

Directions: For adults, take one (1) tablet daily, preferably with a meal.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin C (as Ester-C® Calcium Ascorbate)	1,000 mg (1 g)	1,667%
Vitamin D (as D3 Cholecalciferol)	5,000 IU	1,250%
Calcium (as Ester-C® Calcium Ascorbate)	111 mg	11%

Other Ingredients: Vegetable Cellulose, Calcium Silicate, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Sugar, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Non-GMO Suitable for Vegetarians

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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The Ester-C® with D3 Bone & Immune Health Complex Difference*:

- The nutritional advantage of a dual-action formula in a once daily complex
- 24-hour immune support of pH-neutral, non-acidic Ester-C®*
- High-potency 5,000 IU delivery of Vitamin D3, a more potent and bio-available form compared to Vitamin D2
- Adequate Vitamin D intake has been shown to help maintain healthy bone density measures.*
- Promotes Calcium and Phosphorus absorption, the building blocks of strong bones and teeth*



Ester-C® The Better Vitamin C®

Patented Ester-C® increases levels of Vitamin C in the body, getting into white blood cells, an important part of your body's immune system.* In addition, Ester-C® is buffered and non-acidic, so it stays gentle on the digestive system.* Once daily Ester-C® has your immune health covered.* It supports circulation, is beneficial to joints and connective tissues, helps reduce the premature aging of metabolic cells, and forms the basis of healthy skin.* Helping to neutralize free radicals, Ester-C® also aids in nutritional absorption of

AMERICAN HEALTH

Non-Acidic

Ester-C®

with D3

BONE & IMMUNE HEALTH COMPLEX*



AMERICAN HEALTH

Non-Acidic

Ester-C®

with D3

BONE & IMMUNE HEALTH COMPLEX*



1000 mg
Non-Acidic Ester-C®

5000 IU
Vitamin D3

PATENTED ESTER-C®
UNIQUE GENTLE
FORM OF VITAMIN C

ONCE DAILY

60 VEGETARIAN TABLETS | DIETARY SUPPLEMENT

Today Vitamin D is considered more important than ever. Vitamin D3, a more potent and bio-available form compared to Vitamin D2, plays an active role in the absorption of Calcium and Phosphorus, the building blocks of bone health.* With concern about the damage of long term sun exposure, many of us are not getting the Vitamin D we need from natural sunlight. Non-Acidic Ester-C® with D3 Bone & Immune Health Complex combines the 24-hour immune support of pH-neutral Ester-C® Vitamin C with high-potency (5,000 IU) Vitamin D3 in a once daily formula.* Ester-C® with D3 delivers over 10x the recommended daily level of Vitamin D, in a form that closely mirrors the Vitamin D our body naturally produces.*

The body produces Vitamin D directly from sunlight, and uses it to better absorb Calcium.* If you're not getting enough Vitamin D every day, you may not be able to adequately absorb Calcium from the foods you eat. Your body will then seek out other sources of Calcium including the bone itself, which can impact bone density.* Ester-C® with D3 Bone & Immune Health Complex provides a smart, healthy way to receive the benefits of a high-potency Vitamin D3 supplement along with the 24-hour immune support of Ester-C®.*

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