

AMERICAN HEALTH

More THAN A MULTIPLE™

WHOLE FOOD
CONCENTRATES

MULTIVITAMIN FORMULA

Part No. 22-51244

Prod. No. 51244

More Than A Multiple™ with Brain Essentials is the next generation in whole food based nutrition for overall and optimum brain health.* With a broad spectrum of vitamins, minerals, phytonutrients and energy-rich whole food concentrates, you can get the advanced benefits for both brain and whole body health in one convenient complex.*

With a lot to do and a lot to keep ahead of, managing through the day can leave you feeling mentally fatigued...especially late in the day. It's easy to experience our own personal "brain overload"...coming up short on memory and concentration. More Than A Multiple™ with Brain Essentials can help you mentally focus, so you can stay sharp day after day.* With high-performing Vitamin B-12, Ginkgo Biloba, and Turmeric, you get important nutrients to support and maintain cognitive health.* In a balanced combination, Vitamin B-12 promotes a healthy nervous system, which is essential to brain health.* Ginkgo Biloba supports memory and clarity, and is especially helpful with occasional, mild memory problems that we may naturally experience as we age.* Turmeric is a vital antioxidant, which helps fight the damaging effects of free radicals.* Since free radicals can impact healthy cells, supplementing with antioxidants helps provide on-going benefits.*

Experience the difference yourself with More Than A Multiple™ with Brain Essentials, the multi-level performance of an energy-rich, whole food concentrate multivitamin...with your cognition in mind.*

Directions: For adults, take three (3) tablets daily, preferably before meals.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	%Daily Value
Calories	10
Total Carbohydrate	1 g <1%**
Dietary Fiber	1 g 4%
Vitamin A (as Beta-Carotene and Retinyl Palmitate)	5,000 IU 100%
Vitamin C (as Ester-C® Calcium Ascorbate and Ascorbyl Palmitate)	500 mg 833%
Vitamin D (as D3 Cholecalciferol)	800 IU 200%
Vitamin E (as d-Alpha Tocopheryl Acid Succinate)	30 IU 100%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	20 mg 1,333%
Riboflavin (Vitamin B-2)	20 mg 1,176%
Niacin (as Niacinamide)	25 mg 125%
Vitamin B-6 (as Pyridoxine Hydrochloride)	22 mg 1,100%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Methylcobalamin)	1,000 mcg 16,667%
Biotin (as d-Biotin)	75 mcg 25%
Pantothenic Acid (as d-Calcium Pantothenate)	25 mg 250%
Calcium (as Calcium Citrate and Calcium Carbonate)	152 mg 15%
Iodine (as Potassium Iodide)	150 mcg 100%
Magnesium (as Magnesium Citrate)	50 mg 13%
Zinc (as Zinc Citrate)	15 mg 100%
Selenium (as L-Selenomethionine)	70 mcg 100%
Copper (as Copper Citrate)	1.5 mg 75%
Manganese (as Manganese Citrate)	3 mg 150%
Chromium (as Chromium Picolinate)	75 mcg 63%
Sodium	10 mg 1%

Amount Per Serving %Daily Value

Neurosupportive Complex	300 mg ***
Ginkgo Biloba Extract (<i>Ginkgo biloba</i>) (leaf) (Standardized to contain 24% Ginkgo Flavone Glycosides, 6% Terpene Lactones), Holy Basil Extract (<i>Ocimum tenuiflorum</i>) (leaf), Turmeric Extract (<i>Curcuma longa</i>) (root) (Standardized to contain 93% curcuminoids), Rosemary Extract (<i>Rosmarinus officinalis</i>) (leaf) (Standardized to contain 4% Rosmarinic Acid)	
Whole Food Energy-Rich Complex	150 mg ***
Red Pepper (<i>Capsicum frutescens grossum</i>) (fruit), Tomato (<i>Lycopersicon esculentum</i>) (fruit), Strawberry (<i>Fragaria virginiana</i>) (fruit), Cranberry (<i>Vaccinium macrocarpon</i>) (fruit), Acai (<i>Euterpe oleracea</i>) (fruit), Mangosteen (<i>Garcinia mangostana</i>) (fruit), Goji (<i>Lycium barbarum</i>) (fruit), Pomegranate (<i>Punica granatum</i>) (fruit), Broccoli (<i>Brassica oleracea italica</i>) (aerial), Spinach (<i>Spinacia oleracea</i>) (leaf), Kale (<i>Brassica oleracea acephala</i>) (leaf), Beet (<i>Beta vulgaris</i>) (root), Carrot (<i>Daucus carota sativa</i>) (root), Grape (<i>Vitis vinifera</i>) (fruit), Pumpkin (<i>Cucurbita pepo</i>) (fruit), Blueberry (<i>Vaccinium corymbosum</i>) (fruit)	
Choline (as Choline Bitartrate)	55 mg ***
Inositol	50 mg ***
Citrus Bioflavonoids (<i>Citrus spp.</i>) (fruit)	50 mg ***
Boron (as Boron Citrate)	1 mg ***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

OTHER INGREDIENTS: Vegetable Cellulose, Silica, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Chlorophyllin, Titanium Dioxide Color, Gelatin.

No Gluten, **No** Yeast, **No** Wheat, **No** Milk or Milk Derivatives, **No** Lactose, **No** Egg, **No** Sugar, **No** Preservatives, **No** Artificial Flavor.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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MULTIVITAMIN FORMULA

WITH
BRAIN
ESSENTIALS



90 TABLETS

DIETARY SUPPLEMENT

