

Prod. No. 73631

For centuries, women have depended on the reliability of Evening Primrose Oil. EPO is a source of Gamma-Linolenic Acid (GLA - 45 mg per serving), a fatty acid not made in large quantities by the body and not commonly found in food.\* Popular with women of all ages, EPO is traditionally used to provide nutritional support for women with PMS.† Royal Brittany™ EPO is one of the best products of its kind on the market. The EPO used for Royal Brittany™ is 100% natural, cold pressed and void of Hexane and all other solvent residue. Royal Brittany™ EPO assures quality, reliability, and purity.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

100% Pure Solvent Free

The consistency of potency is guaranteed by assay.

**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**DIRECTIONS:** For adults, take one (1) softgel six times daily, preferably with meals.

Supplement Facts		
Serving Size 1 Softgel		
Amount Per Serving	%Daily Value	
Calories	5	
Total Fat	0.5 g	1% **
Evening Primrose Oil (seed)	500 mg	***
Cis-Linoleic Acid (LA)	365 mg	***
Gamma-Linolenic Acid (GLA)	45 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Glycerin.



Carefully Manufactured by  
AMERICAN HEALTH, INC.  
Ronkonkoma, NY 11779 U.S.A.  
800-445-7137

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Part No. 22-36311

AMERICAN HEALTH

ROYAL BRITTANY™

**EVENING  
PRIMROSE  
OIL**



**Helps Promote Women's Health\***  
**100% Pure Solvent Free**  
**500 mg 45 mg GLA (9%)**  
**DIETARY SUPPLEMENT**  
**50 Softgels**

**BUY 1  
GET 1  
FREE**  
Free Bottle Enclosed

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