

TAMPER RESISTANT: DO NOT USE IF FOIL WRAPPER IS TORN OR OPEN.

Nutrition Facts Serving Size: 1 Bar (90g) Amount Per Serving: **Calories** 320, Calories from Fat 100, **Total Fat** 11g (16% DV), Saturated Fat 8g (39% DV), *Trans* Fat 0g, **Cholesterol** <5mg (2% DV), **Sodium** 310mg (13% DV), Potassium 400mg (12% DV), Total Carbohydrate 36g (12% DV), Dietary Fiber 4g (17% DV), Sugars 7g, Sugar Alcohol 20g, **Protein** 30g (60% DV), Vitamin A (30% DV), Vitamin C (30% DV), Calcium (40% DV), Iron (45% DV), Vitamin E (40% DV), Thiamin (35% DV), Riboflavin (35% DV), Niacin (35% DV), Vitamin B-6 (30% DV), Folic Acid (30% DV), Vitamin B-12 (30% DV), Biotin (30% DV), Pantothenic Acid (30% DV), Phosphorus (15% DV), Iodine (30% DV), Magnesium (15% DV), Zinc (35% DV), Copper (45% DV). Percent Daily Values (DV) are based on a 2,000 calorie diet.

MET-Rx Protein Plus[®] Protein Bar

Net Wt. 3.17 oz.
(90 g)

CREAMY COOKIE CRISP
Naturally Flavored

30g
PROTEIN

7g
SUGAR

Includes Metamysyn[™] Protein!



INGREDIENTS: Metamysyn[®] VPP Protein Blend (Whey Protein Isolate, Milk Protein Concentrate, Casein, Calcium Caseinate, Hydrolyzed Whey Protein Isolate, Egg White, L-Glutamine), Maltitol Syrup, Soy Protein Isolate, Fractionated Palm Kernel Oil, Cocoa (processed with alkali), Maltitol, Glycerin, Fructose, Invert Sugar, Natural Flavor, Water, High Oleic Sunflower Oil, Corn Syrup, Fructooligosaccharides, Polydextrose, Tapioca Starch, Vitamin and Mineral Blend (Calcium Carbonate, Calcium Phosphate, Potassium Lactate, Magnesium Oxide, Ascorbic Acid, Ferric Orthophosphate, dl-Alpha Tocopherol Acetate, Niacinamide, Zinc Oxide, Copper Gluconate, d-Calcium Pantothenate, Vitamin A Palmitate, Pyridoxine Hydrochloride, Riboflavin, Thiamin Mononitrate, Folic Acid, Biotin, Potassium Iodide, Cyanocobalamin), Unsweetened Chocolate, Cellulose, Enzyme Modified Soy Protein, Salt, Soy Lecithin, Pectin, Sugar, Sucralose, Soybean Oil, Maltodextrin, Carrageenan.

Directions: Adults, for best results drink 8 fl. ounces of water or other liquid with this bar.

WARNING: This product contains sugar alcohols, which may cause gastrointestinal discomfort. Excessive consumption may have a laxative effect.

Manufactured in the USA for **MET-Rx Nutrition, Inc.**, Boca Raton, FL 33487 ©2013

Questions? Call toll free **1-800-55-MET-Rx**. To learn more, please go to www.MET-Rx.com

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MET-Rx[®]
Shaping Every Body.[™]

