PRE-WORKOUT

FOR BEST RESULTS, TAKE TWO (2) TO THREE (3) CAPLETS ON AN EMPTY STOMACH BEFORE YOUR WORKOUT.

MET-Rx® AMINO 3000

- Specifically formulated for your training regimen.
- Contains all three Branched Chain Amino Acids (BCAAs), as well as other essential Aminos.
- Amino Acids provide crucial building blocks for protein which are important cellular components.*

Directions: For adults, take two (2) to three (3) caplets on an empty stomach before your workout. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MET-Rx®

AMINO 3000

SPECIALTY SUPPLEMENT

» **CONTAINS ALL THREE BCAAs**
LEUCINE, VALINE, ISOLEUCINE

180 CAPLETS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size 3 Caplets
Servings Per Container 60

Amount Per Serving		%Daily Value
Calories	10	
Protein	3 g	6%**
Vitamin C	30 mg	50%
Sodium	20 mg	1%

Amino 3000 Blend
contains the following amino acids (approximate amounts):

L-Alanine	229 mg	***
L-Arginine	210 mg	***
L-Aspartic Acid	122 mg	***
L-Glutamic Acid	273 mg	***
L-Glycine	636 mg	***
****L-Histidine	24 mg	***
L-Hydroxylysine	40 mg	***
L-Hydroxyproline	335 mg	***
****L-Isoleucine	32 mg	***
****L-Leucine	70 mg	***
****L-Lysine	90 mg	***
****L-Methionine	24 mg	***
****L-Phenylalanine	43 mg	***
L-Proline	374 mg	***
L-Serine	92 mg	***
****L-Threonine	51 mg	***
L-Tyrosine	16 mg	***
****L-Valine	60 mg	***
L-Ornithine HCl	45 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.
****Essential Amino Acids

Ingredients: Hydrolyzed Gelatin (Collagen), Cellulose (Plant Origin), Croscarmellose, Silica, L-Ornithine Hydrochloride, Ascorbic Acid, Vegetable Magnesium Stearate.

MET-Rx®
Shaping Every Body.

Manufactured in the USA by
MET-Rx Nutrition, Inc.
Boca Raton, FL 33487
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Questions? Call toll free
1-800-55-MET-Rx
To learn more, please go to
www.MET-Rx.com

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