Potassium is an essential mineral needed by the body. It works with sodium to regulate the body’s water balance.* In addition, Potassium promotes fluid balance between the cells and body fluids and aids in the mineral balance of the blood.* Potassium is also essential for nerve transmission, muscle activity and carbohydrate and protein metabolism.*

**PRODUCT BENEFITS:** Potassium is an essential mineral needed by the body. It works with sodium to regulate the body’s water balance.* In addition, Potassium promotes fluid balance between the cells and body fluids and aids in the mineral balance of the blood.* Potassium is also essential for nerve transmission, muscle activity and carbohydrate and protein metabolism.*

**Directions:** For adults, take one (1) tablet daily, preferably with a meal or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

**Supplement Facts**

<table>
<thead>
<tr>
<th>Serving Size</th>
<th>1 Tablet</th>
</tr>
</thead>
<tbody>
<tr>
<td>Amount Per Serving</td>
<td>% Daily Value</td>
</tr>
<tr>
<td>Potassium (as Potassium Gluconate)</td>
<td>99 mg</td>
</tr>
</tbody>
</table>

**Other Ingredients:** Dicalcium Phosphate, Croscarmellose, Silica, Vegetable Magnesium Stearate.

**FREE OF:** artificial color, artificial flavor, artificial sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN.**

Store at room temperature and avoid excessive heat.

**Laboratory Tested to Guarantee Quality**

**For Health Care Professional Use Only**

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*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.