

BODY FORTRESS® knows it takes more than sugary, so-called "energy" drinks to keep you fueled for success – it takes powerful ingredients with no added hype. That's why Super Advanced Energy Protein combines real coffee and caffeine with the power of premium whey. To make sure you've got the fuel you need to stay energized, strong, and focused anytime throughout the day.◊

- PREMIUM WHEY TO BUILD LEAN MUSCLE & STRENGTH◊
- REAL COFFEE & CAFFEINE TO ENHANCE ENERGY & MENTAL FOCUS◊
- CAFFEINE PER SCOOP = ONE CUP OF COFFEE
- CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

When you live the training lifestyle, you need a go-to source of protein no matter what time of day it is. When incorporated into your daily nutritional routine, our uniquely designed formulas provide 24 hours of complete protein coverage. You're on the grind 24/7 and Body Fortress® has your high-protein needs covered every step of the way.

24-HOUR PROTEIN COVERAGE

	Body Fortress® Super Advanced Energy Protein	Body Fortress® Super Advanced Whey Protein	Body Fortress® Super Advanced 100% Protein Isolate
WHAT	Premium Whey + Real Coffee	Premium Whey + Super Recovery Blend	Sustained Release Ultra-Pure Isolate
WHEN	MORNING or MID-DAY	POST-WORKOUT	BETWEEN MEALS or BEFORE BED
WHY	POWERS Performance, Energy & Focus)	FUELS Lean Muscle, Strength & Recovery)	FEATURES Fast, Medium & Slow Digesting Protein

PRE/POST



HAVE YOU MADE SUPER ADVANCED CREATINE PART OF YOUR TRAINING?

ADD SUPER ADVANCED CREATINE to your training routine and amplify your results with maximum performance and strength.◊ Our advanced formula is designed to help you increase reps, recover faster, and build more muscle so you can push the bar higher every workout.◊

BODY FORTRESS®



MOCHA CAPPUCCINO
Naturally and Artificially Flavored

SUPER ADVANCED ENERGY PROTEIN

FEATURES 100% PREMIUM WHEY
MADE WITH REAL COFFEE

40g **180mg**
PROTEIN* CAFFEINE*

- BUILD LEAN MUSCLE AND STRENGTH◊
- ENHANCE ENERGY AND MENTAL FOCUS◊
- CAFFEINE PER SCOOP = ONE CUP OF COFFEE

*PER 2 SCOOPS

PROTEIN SUPPLEMENT/ NET WT. 1.25lb. (20 oz.) [567g]

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Supplement Facts

	1 Scoop (32 g)	2 Scoops (64g)		
Serving Size	about 18	about 9		
Servings Per Container				
Amount Per Serving	%Daily Value	%Daily Value		
Calories	130	260		
Calories from Fat	20	45		
Total Fat	2.5 g	5 g	4%**	8%**
Saturated Fat	1 g	2.5 g	5%**	13%**
Cholesterol	50 mg	100 mg	17%	33%
Total Carbohydrate	7 g	14 g	2%**	5%**
Dietary Fiber	0 g	<1 g	0%**	3%**
Sugars	3 g	5 g	***	***
Protein	20 g	40 g	40%***	80%***
Calcium	105 mg	210 mg	11%	21%
Phosphorus	95 mg	190 mg	10%	19%
Magnesium	20 mg	40 mg	5%	10%
Sodium	55 mg	115 mg	2%	5%
Potassium	230 mg	460 mg	7%	13%
Caffeine	90 mg	180 mg	***	***
	(from Colombian Coffee and Caffeine Anhydrous)			

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

OTHER INGREDIENTS: Super Whey Protein Blend (Whey Protein Concentrate, Whey Protein Isolate), Maltodextrin, Natural and Artificial Flavors, Sunflower Lecithin, Cocoa (processed with alkali), Carrageenan, Acesulfame Potassium, Soy Lecithin, Sucralose.
Contains milk and soy ingredients.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 32 G SCOOP****)

ESSENTIAL AMINO ACIDS	NONESSENTIAL AMINO ACIDS
Histidine 348 mg	Alanine 998 mg
Isoleucine 1,171 mg	Arginine 547 mg
Leucine 2,012 mg	Aspartic Acid 2,076 mg
Lysine 1,955 mg	Cysteine 470 mg
Methionine 444 mg	Glutamic Acid 3,350 mg
Phenylalanine 627 mg	Glycine 368 mg
Threonine 1,331 mg	Proline 1,171 mg
Tryptophan**** 342 mg	Serine 1,415 mg
Valine 1,049 mg	Tyrosine 598 mg

****L-Tryptophan is naturally occurring, not added.
****approximate values

BODY FORTRESS®
YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

Directions: For adults, add one (1) scoop (32 g) to 6-8 ounces of your favorite beverage or two (2) scoops (64 g) to 12-16 ounces. Use prior to training or as needed throughout the day. Start with one scoop on first day to assess individual tolerance. Limit use to no more than four (4) scoops in a 24-hour period.



Stir for 20-30 seconds or until completely blended. Cover and shake for 20-30 seconds. Cover and blend for 20-30 seconds.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18 or for those sensitive to caffeine.

This product contains caffeine. Avoid additional consumption of caffeine, which may cause adverse effects.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

◊These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Contents are sold by weight. Some settling may occur.



Manufactured according to cGMP standards, as is required for all dietary supplements.



GLUTEN FREE



from select ingredients from around the world



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

