

# BODY FORTRESS® SUPER ADVANCED NOS BLAST

Super Advanced NOS Blast delivers maximum energy, focus and high-intensity endurance for your most extreme workouts!\* With a combination of proprietary formulations that support extreme energy and nutrient circulation to the cell, Super Advanced NOS Blast drink mix delivers insane taste and results.\*

Super Advanced NOS Blast contains **FOUR Extreme Blends!**

- **CREA-PUMP BLEND** - with Creatine to accelerate force, power and strength in the gym.\*
- **VASOSURGE BLEND** - with L-Arginine for nitric oxide synthesis and circulation.\*
- **NEURO-ENERGY BLEND** - to rev up your mind and body so you can hit the gym, focus and take care of business.\*
- **NITROMAX BLEND** - contains ALL essential Branched Chain Amino Acids (BCAAs) to support nitrogen levels.\*

**SUGGESTED USE:** For adults, mix two (2) scoops with 10-12 ounces of water and consume as follows: one half 30-60 minutes before your workout and the balance during the course of your workout. Vary the amount of water to achieve your desired flavor and sweetness level. Individuals sensitive to caffeine should begin with half the recommended dosage to assess individual tolerance. Do not take more than three (3) scoops in a 4-hour period or more than six (6) scoops in a 24-hour period. As a reminder, discuss the supplements and medications you take with your health care providers. It is important to check with your health care provider before beginning any diet or exercise program.

**FREE OF:** yeast, wheat, milk or milk derivatives, lactose, soy.  
Contents are sold by weight. Some settling may occur.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Avoid this product if you have kidney disease or are allergic to aspirin. This product contains caffeine. Avoid additional consumption of caffeine, which may intensify adverse effects. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

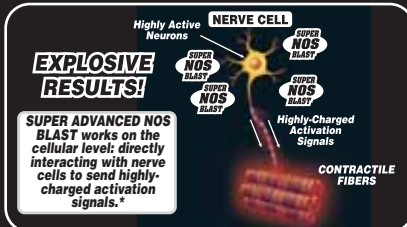
**KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

**BODY FORTRESS®**

YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit [www.bodyfortress.com](http://www.bodyfortress.com).



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



# SUPER ADVANCED NOS

ULTIMATE MULTI-ACTION  
WORKOUT FORMULA

**BLAST**

- > **CREA-PUMP BLEND**  
ACCELERATES FORCE, POWER & STRENGTH\*
- > **NITROMAX BLEND**  
SUPPORTS NITROGEN LEVELS\*

- > **NEURO-ENERGY BLEND**  
AMPLIFIES MIND/BODY ENERGY LEVELS\*
- > **VASOSURGE BLEND**  
NITRIC OXIDE INDUCER\*

**FRUIT PUNCH** NATURAL & ARTIFICIAL FLAVORS

DIETARY SUPPLEMENT NET WT. 32 oz. (2 lb.) (907 g)

## Supplement Facts

Serving Size 1 Scoop (20 g) 2 Scoops (40 g)  
Servings Per Container about 45 about 22

Amount Per Serving	%Daily Value			
Calories	60		120	
Total Carbohydrate	8 g	3%**	16 g	5%**
Sugars	<1 g	***	1 g	***
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1,246%	50 mg	2,491%
Folic Acid	420 mcg	105%	840 mcg	210%
Vitamin B-12 (as Cyanocobalamin)	140 mcg	2,333%	280 mcg	4,667%
Phosphorus	111 mg	11%	222 mg	22%
Magnesium (as Magnesium Phosphate)	98 mg	25%	196 mg	49%
Sodium	30 mg	1%	55 mg	2%
Crea-Pump Blend	2.5 g (2,500 mg)	***	5 g (5,000 mg)	***
Creatine Monohydrate, Creatine Ester Phosphate Sodium, N-Acetyl Cysteine				
VasoSurge Blend	2 g (2,000 mg)	***	4 g (4,000 mg)	***
L-Arginine, L-Glutamine, Alpha Ketoglutaric Acid				
Neuro-Energy Blend	1.6 g (1,600 mg)	***	3.2 g (3,200 mg)	***
Taurine, L-Tyrosine, Caffeine Anhydrous (100 mg per scoop), White Willow ( <i>Salix alba</i> ) (bark) (standardized to contain 15% Salicin), Vinpocetine				
NitroMax Blend	1.2 g (1,200 mg)	***	2.4 g (2,400 mg)	***
L-Leucine, L-Isoleucine, L-Valine				

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Maltodextrin, Citric Acid, Natural and Artificial Flavors, Beet Juice Color, Sodium Phosphate, Sucralose, Dicalcium Phosphate.



Carefully Manufactured by  
Healthwatchers (DE), Inc.  
Bohemia, NY 11716 U.S.A.  
1-800-215-5980

