


BODY FORTRESS® KNOWS YOU WORK HARD TO PUSH YOURSELF DURING TRAINING. THAT'S WHY WE BELIEVE YOU DESERVE AN INTRA-WORKOUT SOLUTION THAT WILL WORK JUST AS HARD TO HELP YOU REHYDRATE AND RECOVER.* UNLIKE TRADITIONAL CARBOHYDRATE SUPPLEMENTS, SUPER ADVANCED AMINO BLAST WAS DESIGNED TO FUEL YOUR TRAINING WITH MORE THAN SUGARY CARBS. OUR THIRST QUENCHING FORMULA CONTAINS ZERO SUGAR AND PROVIDES THE KEY ELECTROLYTES AND AMINO ACIDS YOUR BODY NEEDS TO STAY HYDRATED AND RECOVER QUICKER SO YOU CAN BOUNCE BACK AND BE READY FOR YOUR NEXT WORKOUT.*

 ELECTROLYTES TO HELP REHYDRATE & REPLENISH KEY NUTRIENTS*

 L-CARNITINE TARTRATE TO IMPROVE POST-WORKOUT RECOVERY*

 L-LEUCINE TO SUPPORT MUSCLE STRENGTH & POWER*

 CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

Directions: For adults, mix one (1) scoop in 6-8 ounces of water or two (2) scoops in 12-16 ounces and consume during exercise on training days, or throughout the day on non-training days. Consume two (2) scoops daily.

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

FREE OF: yeast, wheat, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

BODY FORTRESS®

YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

BODY FORTRESS®

SUPER ADVANCED

AMINO BLAST


INTRA-WORKOUT AMPLIFIER


BCAAs
ELECTROLYTES
L-GLUTAMINE
L-CARNITINE

30
SERVINGS

LEMON LIME
Naturally Flavored

 REHYDRATE, REPLENISH & QUENCH THIRST

 SUPPORT MUSCLE STRENGTH & POWER*

 IMPROVE POST-WORKOUT RECOVERY*

DIETARY SUPPLEMENT/ NET WT. 0.79 lb. (12.69 oz.) (360 g)

Supplement Facts

Amount Per Serving	1 Scoop (12 g)		2 Scoops (24 g)	
	about 30		about 15	
		%Daily Value		%Daily Value
Calories	45		90	
Total Carbohydrate	2 g	1%**	3 g	1%**
Vitamin A (as Beta-Carotene)	596 IU	12%	1,192 IU	24%
Chloride	513 mg	15%	1,026 mg	30%
Sodium	100 mg	4%	200 mg	8%
Potassium	45 mg	1%	90 mg	3%
BCAA/EAA Strength Complex	5 g	***	10 g	***
L-Leucine, L-Lysine, L-Threonine, L-Isoleucine, L-Valine, L-Phenylalanine, DL-Methionine				
Muscle Recovery Matrix	2.75 g	***	5.50 g	***
L-Glutamine	1.75 g	***	3.50 g	***
L-Carnitine (as L-Carnitine Tartrate)	1.00 g	***	2.00 g	***
Hydration & Performance Blend	1.33 g	***	2.66 g	***
L-Taurine, Sodium Chloride, Potassium Citrate				

**Percent Daily Values are based on a 2,000 calorie diet.
***Daily Value not established.

Other Ingredients: Maltodextrin, Natural Flavors, Citric Acid, Silica, Acesulfame Potassium, Sucralose, FD&C Blue No. 1.

Please note: Crystalline Taurine will appear as small crystals within the powder.

Contents are sold by weight. Some settling may occur.



Manufactured according to cGMP standards, as is required for all dietary supplements.



GLUTEN FREE



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

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