





**BODY FORTRESS® KNOWS YOU DON'T CUT CORNERS IN TRAINING.** THAT'S WHY WE DESIGNED A METABOLIC FORMULA THAT DOESN'T CUT CORNERS EITHER. SUPER ADVANCED SHRED IGNITER CONTAINS POWERFUL DOSAGES OF KEY INGREDIENTS DESIGNED TO TAKE HARDCORE SHREDDING SUPPLEMENTS TO THE NEXT LEVEL. OUR HIGHLY POTENT FORMULA WILL GET YOU FIRED UP FOR TRAINING AND PROVIDE YOU WITH THE METABOLIC AND ANABOLIC SUPPORT NEEDED TO TORCH YOUR FITNESS GOALS.\*

-  METABOLIC BLEND TO BOOST ENERGY METABOLISM\*
-  ENHANCE ENERGY & MENTAL FOCUS\*
-  ANABOLIC BLEND TO SUPPORT MUSCLE STRENGTH & POWER\*
-  CONTAINS ZERO ASPARTAME – ZERO GLUTEN – ZERO GIMMICKS

Use in conjunction with an intense daily exercise program and a balanced diet including an adequate caloric intake.

**Directions:** For adults, mix one (1) to two (2) scoops with 8-12 ounces of water and consume prior to your workout or with a meal. Begin with one (1) scoop to assess tolerance and gradually increase to two (2) scoops after several workouts.

**FREE OF:** yeast, wheat, milk or milk derivatives, lactose, artificial flavor.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. This product contains caffeine. Avoid additional consumption of caffeine, which may cause adverse effects. Beta-alanine may cause a temporary tingling sensation, which is a normal reaction. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18 or for those sensitive to caffeine.

Contents are sold by weight. Some settling may occur.

 Natural Alternatives International (NAI) is the owner of the patents as listed on [www.carnosyn.com](http://www.carnosyn.com) and registered trademark CarnoSyn®.

**KEEP OUT OF THE REACH OF CHILDREN. STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured for United States Nutrition, Inc.  
Bohemia, NY 11716 U.S.A. 1-800-215-5980

**BODY FORTRESS®**

YOUR BODY - YOUR FORTRESS.®



GLUTEN FREE

For more information on other Body Fortress® products or for complete training and nutrition programs, visit [www.bodyfortress.com](http://www.bodyfortress.com).



Manufactured according to cGMP standards in a cGMP facility.

**NEW!**

**BODY FORTRESS®**

SUPER ADVANCED




**SHRED IGNITER**

METABOLIC BOOSTER\*

L-LEUCINE  
L-CARNITINE  
B-COMPLEX  
GREEN TEA EXTRACT

**30**  
SERVINGS

RASPBERRY LEMONADE  
Naturally Flavored

-  BOOST ENERGY METABOLISM\*
-  ENHANCE PERFORMANCE & MENTAL FOCUS\*
-  SUPPORT MUSCLE STRENGTH & POWER\*

DIETARY SUPPLEMENT/ NET WT. 0.66 lb. (10.58 oz.) (300 g)

**Supplement Facts**

Serving Size 1 Scoop (10 g) 2 Scoops (20 g)  
Servings Per Container about 30 about 15

Amount Per Serving	%Daily Value		%Daily Value	
Calories	35		70	
Total Carbohydrate	5 g	2%**	9 g	3%**
Thiamin (as thiamin HCl)	1.2 mg	100%	2.4 mg	200%
Riboflavin	1.3 mg	100%	2.6 mg	200%
Niacin (as niacinamide)	16 mg	100%	32 mg	200%
Vitamin B6 (as pyridoxine HCl)	1.7 mg	100%	3.4 mg	200%
Vitamin B12 (as cyanocobalamin)	2.4 mcg	100%	4.8 mcg	200%
Sodium	5 mg	<1%	10 mg	<1%
Anabolic Strength Blend	3.95 g	***	7.9 g	***
L-Leucine	2 g	***	4 g	***
CarnoSyn® Beta-alanine	1.2 g	***	2.4 g	***
L-Carnitine	750 mg	***	1.5 g	***
Metabolic Ignition Blend	650 mg	***	1,300 mg	***
Green Tea Extract ( <i>Camellia sinensis</i> ) (leaf)	250 mg	***	500 mg	***
L-Tyrosine	250 mg	***	500 mg	***
Caffeine Anhydrous	150 mg	***	300 mg	***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Maltodextrin, Citric Acid, Natural Flavors, Silica, Sucralose, Acesulfame Potassium, Red Beet Powder (color).



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