

CHOCOLATE
Naturally & Artificially Flavored

NEW!
PORTABLE PROTEIN

40g PROTEIN[†] FEATURING **100% WHEY**

BODY FORTRESS

QUICK DISSOLVING

PROTEIN PAKS

FEATURING 100% PREMIUM WHEY



DROP, SHAKE & FUEL



BUILD LEAN MUSCLE



POST-WORKOUT RECOVERY

40g PROTEIN[†] | **9g** BCAAs[†]

[†]Per 2 PAKs

18 PAKS

SINGLE SERVING / QUICK DISSOLVING

CHOCOLATE
Naturally & Artificially Flavored

PROTEIN POWDER 18 - 1 oz. (28.5g) PAKS - Net Wt. 18 oz. (513g)
NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

Nutrition Facts

18 Servings per container
Serving size **1 PAK (28.5g)**

	Per 1 PAK		Per 2 PAKs	
	100		200	
	%Daily Value*		%Daily Value*	
Calories				
Total Fat	1g	1%	2g	3%
Saturated Fat	0.5g	3%	1g	5%
<i>Trans</i> Fat	0g		0g	
Cholesterol	20mg	7%	35mg	12%
Sodium	100mg	4%	200mg	9%
Total Carbohydrate	3g	1%	5g	2%
Dietary Fiber	0g	0%	0g	0%
Total Sugars	<1g		1g	
Incl. Added Sugars	0g	0%	0g	0%
Protein	20g	40%	40g	80%
Vitamin D	0mcg	0%	0mcg	0%
Calcium	82mg	6%	165mg	15%
Iron	0.9mg	6%	1.9mg	10%
Potassium	230mg	4%	460mg	10%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Super Whey Protein Blend (Whey Protein Isolate, Whey Protein Concentrate), Cocoa (processed with alkali), Natural and Artificial Flavors, Cellulose Gum, Polyvinyl Alcohol, Sunflower Lecithin, Soy Lecithin, Silica, Acesulfame Potassium, Propylene Glycol, Vegetable Glycerin, Water, Xylitol, Sucralose, Sorbitol, Polysorbate 80. Contains milk and soy ingredients.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 28.5 G PAK*)**

ESSENTIAL AMINO ACIDS		NONESSENTIAL AMINO ACIDS	
Histidine	360 mg	Alanine	1,020 mg
Isoleucine	1,170 mg	Arginine	490 mg
Leucine	2,200 mg	Aspartic Acid	2,140 mg
Lysine	1,920 mg	Cysteine	430 mg
Methionine	460 mg	Glutamic Acid	3,610 mg
Phenylalanine	640 mg	Glycine	360 mg
Threonine	1,410 mg	Proline	1,180 mg
Tryptophan**	340 mg	Serine	1,030 mg
Valine	1,190 mg	Tyrosine	590 mg

**L-Tryptophan is naturally occurring, not added.
***approximate values

BODY FORTRESS

YOUR BODY - YOUR FORTRESS.®

DIRECTIONS: Add one (1) PAK to 6-8 ounces or two (2) PAKs to 14-16 ounces of your favorite beverage. Shake or blend thoroughly until fully dissolved.

For best results, mix using a shaker cup or blender. Do not cut or tear open the dissolvable film prior to mixing.

This product is intended to be consumed as a beverage once PAKs are fully dissolved in liquid. Do not eat whole or swallow for risk of choking.

GOODS ARE NOT FOR USE IN PRODUCTS INTENDED FOR CONSUMPTION BY INFANTS, CHILDREN, OR PREGNANT OR LACTATING WOMEN.

*Nielsen Expanded All Outlets Combined 52 Weeks Ending 9/29/18, excluding online sales

STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF PACKAGE IS TORN OR OPEN.

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

78572 01B B78572



Manufactured according to cGMP standards, as required for all dietary supplements.



GLUTEN FREE

QUICK DISSOLVING
**PROTEIN
PAKS**
FEATURING 100% PREMIUM WHEY

AMERICA'S #1
MUSCLE AND STRENGTH
DEVELOPMENT POWDER BRAND*

**INTRODUCING BODY FORTRESS®
PROTEIN PAKS!**

The portable protein solution that makes taking your protein powder on-the-go easier and more convenient than ever – No more digging for buried scoops or messy spills. Each individual serving is built with Premium Whey Protein and packaged in fully dissolvable PAKs made from 100% food grade ingredients – simply drop it in, shake it up and begin building your fortress.

Take **PROTEIN PAKS** with you anywhere
and use anytime



QUICK DISSOLVING
**PROTEIN
PAKS**
FEATURING 100% PREMIUM WHEY

AMERICA'S #1
MUSCLE AND STRENGTH
DEVELOPMENT POWDER BRAND*

1 PAK | 2 PAKS

20g	4g	40g	9g
PROTEIN	BCAAs	PROTEIN	BCAAs

PRE-MEASURED FOR PRECISE DOSING



DROP, SHAKE &
FUEL



BUILD LEAN
MUSCLE



POST-WORKOUT
RECOVERY