

20g PROTEIN
FEATURING **100%**
PLANT BASED
COMPLETE PROTEIN



CHOCOLATE
Naturally Flavored

20g PROTEIN
FEATURING **100%**
PLANT BASED
COMPLETE PROTEIN



CHOCOLATE
Naturally Flavored

20g PROTEIN
FEATURING **100%**
PLANT BASED
COMPLETE PROTEIN



CHOCOLATE
Naturally Flavored

AMERICA'S #1 MUSCLE AND STRENGTH
DEVELOPMENT POWDER BRAND*

AMERICA'S #1 MUSCLE AND STRENGTH
DEVELOPMENT POWDER BRAND*

AMERICA'S #1 MUSCLE AND STRENGTH
DEVELOPMENT POWDER BRAND*

COMPLETE PROTEIN THAT IS 100% PLANT BASED

LOOKING TO ADD MORE PLANT-BASED NUTRITION TO YOUR ROUTINE WITHOUT SACRIFICING YOUR HARD-EARNED GAINS WITH AN INFERIOR PROTEIN? WHILE MOST PLANT PROTEINS HAVE LOW LEVELS OF AT LEAST ONE ESSENTIAL AMINO, BODY FORTRESS® COMPLETE PLANT PROTEIN IS MADE FROM NATURALLY SOURCED SUPER GREENS AND SPECIALLY FORMULATED FROM A PROPRIETARY BLEND OF COMPLEMENTARY PROTEINS TO PROVIDE YOU WITH ALL THE ESSENTIAL AMINO ACIDS NEEDED FOR LEAN MUSCLE AND STRENGTH.†

BODY FORTRESS® COMPLETE PLANT PROTEIN IS EASIER TO DIGEST THAN WHEY OR OTHER MILK-BASED PROTEINS FOR THOSE WITH LACTOSE INTOLERANCE OR STOMACH SENSITIVITIES TO DAIRY PRODUCTS. A GOOD SOURCE OF FIBER ALSO HELPS WITH DIGESTION.

PLANT BASED PROTEIN

| | | | | |
|---|--------------------|--------------------------------|------------------------|-----------|
| COMPLETE PROTEIN BLEND PROVIDES ALL ESSENTIAL AMINO ACIDS | 20g PROTEIN | BROWN RICE PROTEIN CONCENTRATE | SUPER GREENS AND SEEDS | CUCUMBER |
| | | HEMP SEED PROTEIN | | CHIA SEED |
| | | PEA PROTEIN ISOLATE | | SPINACH |

- BUILD LEAN MUSCLE†
- BOOST POST-WORKOUT RECOVERY†
- ENERGY METABOLISM SUPPORT†
- NO ARTIFICIAL SWEETENERS OR FLAVORS
- EASY TO DIGEST FOR THOSE WITH LACTOSE INTOLERANCE OR SENSITIVITIES TO DAIRY

THE BODY FORTRESS® OUTLOOK

YOU GIVE 100% IN TRAINING AND BODY FORTRESS® GIVES YOU 100% RIGHT BACK. LIKE YOU, WE PREFER HARD WORK TO HYPE. THAT'S WHY ALL OUR PRODUCTS ARE CAREFULLY CRAFTED WITH PROVEN INGREDIENTS THAT WILL HELP YOU REACH YOUR FITNESS GOALS. OUR FULL LINE OF PREMIUM QUALITY MUSCLE BUILDING SUPPLEMENTS WILL GIVE YOU THE POWER TO TRAIN HARDER AND RECOVER FASTER.

BODY FORTRESS®

COMPLETE PLANT PROTEIN

NEW

**100% PLANT BASED PROTEIN
MADE WITH SUPER GREENS**

20g PROTEIN | **18** AMINO ACIDS‡

CHOCOLATE
Naturally Flavored

COMPLETE PROTEIN PROVIDES ALL ESSENTIAL AMINO ACIDS TO BUILD LEAN MUSCLE AND STRENGTH†

- NON-GMO
- DAIRY FREE
- SOY FREE
- VEGAN
- GLUTEN FREE
- NO ARTIFICIAL SWEETENERS, COLORS OR FLAVORS
- GOOD SOURCE OF FIBER
- GOOD SOURCE OF OMEGA-3 ALA ESSENTIAL FATTY ACIDS*
- 7 ESSENTIAL VITAMINS AND MINERALS

Nutrition Facts

Serving Size 1 Rounded Scoop (38.1g)
Servings Per Container 18

| Amount Per Serving | Calories from Fat 30 |
|------------------------------|----------------------|
| | %Daily Value* |
| Total Fat 3.5g | 5% |
| Saturated Fat 1g | 5% |
| Trans Fat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 400mg | 17% |
| Potassium 280mg | 8% |
| Total Carbohydrate 8g | 3% |
| Dietary Fiber 4g | 16% |
| Sugars 3g | |
| Protein 20g | 36% |
| Vitamin A 6% | Vitamin C 4% |
| Calcium 25% | Iron 45% |
| Vitamin D 20% | Vitamin B12 20% |
| Phosphorus 15% | Magnesium 8% |
| Zinc 20% | |

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | Calories: | 2,000 | 2,500 |
|--------------------|-----------|---------|---------|
| Total Fat | Less than | 65g | 80g |
| Sat Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Potassium | Less than | 3,500mg | 3,500mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |
| Protein | | 50g | 65g |

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Complete Protein Blend (Pea Protein Isolate, Brown Rice Protein Concentrate, Hemp Seed Protein), Cocoa (processed with alkali), Evaporated Cane Sugar, Cucumber Powder, Natural Flavors, Gum Arabic, Chia Seeds, Tricalcium Phosphate, Spinach Powder, Guar Gum, Medium Chain Triglycerides, Sea Salt, Carrageenan, Dextrin, Stevia Leaf Extract, Monk Fruit Extract, Ferrous Fumarate, Zinc Oxide, Vitamin D2 (Ergocalciferol), Vitamin B12 (Cyanocobalamin).



BODY FORTRESS®
YOUR BODY - YOUR FORTRESS.®

For more information on other Body Fortress® products or for complete training and nutrition programs, visit www.bodyfortress.com.

Directions: Add one (1) scoop to 8-10 oz. of your favorite beverage. Consume within 10 minutes after making.

| STIR | SHAKE | BLEND |
|---|------------------------------------|------------------------------------|
| | | |
| Stir for 20-30 seconds or until completely blended. | Cover and shake for 25-30 seconds. | Cover and blend for 20-30 seconds. |

†Provides 260 mg of ALA per serving, which is 16% of the 1.6g daily value for ALA.
†Use in conjunction with a daily exercise program and a balanced diet including an adequate caloric intake.
‡Amino acids are naturally occurring from the protein sources. Contents are sold by weight. Some settling may occur.
◇Nielsen Expanded All Outlets Combined 52 Weeks Ending 10/21/17, excluding online sales.

STORE AT ROOM TEMPERATURE, TIGHTLY CLOSED AND AVOID EXCESSIVE HEAT. FOR YOUR PROTECTION, DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

TYPICAL AMINO ACID PROFILE (MILLIGRAMS PER 38.1 G SCOOP**)**

| ESSENTIAL AMINO ACIDS | NONESSENTIAL AMINO ACIDS |
|------------------------|--------------------------|
| Histidine 508 mg | Alanine 929 mg |
| Isoleucine 934 mg | Arginine 1,772 mg |
| Leucine 1,646 mg | Aspartic Acid 2,268 mg |
| Lysine 1,283 mg | Cysteine 235 mg |
| Methionine 279 mg | Glutamic Acid 3,548 mg |
| Phenylalanine 1,101 mg | Glycine 861 mg |
| Threonine 780 mg | Proline 893 mg |
| Tryptophan** 220 mg | Serine 1,050 mg |
| Valine 1,065 mg | Tyrosine 768 mg |

**L-Tryptophan is naturally occurring, not added.
****approximate values



Carefully Manufactured for United States Nutrition, Inc. Bohemia, NY 11716 U.S.A. 1-800-215-5980

PROTEIN POWDER / NET WT. 1.51 lb (24.18 oz.) (686g)

Notice: Use this product as a food supplement only. Do not use for weight reduction.

80115 00A B71534
Part No. 30-41547

0 174312 80115 0